

The list of example ideas for your research:

- Prevalence of injury in ParaVolley sport disciplines
- Injury recovery program/exercises
- Injury prevention program/exercises
- Physical fitness tests, optimization of athletes' preparation to main sports events
- The main factors in sitting volleyball and (standing) beach paravolley (determinants of sport performance)
- Classification testing (measurements, methods, etc.)
- Biomechanical analyses of movement, all skills in sitting volleyball and (standing) beach paravolley
- Diet of sitting volleyball and (standing) beach paravolley athletes
- Urological problems/urinary incontinence of sitting volleyball and standing beach volleyball athletes
- Injuries and illnesses in sitting and (standing) beach paravolley
- Temperature reactions of athletes – different settings, overheated etc.
- Women in sitting and (standing) beach paravolley

**See the list with existed research and inspire yourself reading World ParaVolley: Research Strategy Map 2022-2028**