

## Introduction

“Education programs are central to ensure harmonized, coordinated and effective anti-doping programs at the international and national level. They are intended to preserve the spirit of sport and the protection of Athletes’ health and right to compete on a doping-free level playing field as described in the introduction to the Code.”<sup>1</sup>

World ParaVolley follows the World Anti-Doping Agency (WADA) rules as well as its International Standard for Education (ISE) regulations and is committed to doing its part to raise awareness, provide accurate information and decision-making capability to prevent intentional and unintentional anti-doping rule violations and other breaches of the WADA Code, and to protect the health and rights of all ParaVolley participants. World ParaVolley has therefore has developed a comprehensive and extensive Anti-doping Education Plan.

Athletes and Athlete Support Personnel (ASP) must understand their roles & responsibilities to protect the integrity of World ParaVolley sport. They must also have the knowledge & information they need to make informed decisions on matters that could potentially result to anti-doping rule violation.

### Aims:

The overall aim of the program is to prepare International Athletes to participate clean in international competition as well as major events, and help prevent intentional and unintentional doping that goes against the spirit of sport and may be dangerous to their health.

### Goals:

1. 100% of member nations of WPV shall ensure that anti-doping education will be provided to their athletes prior to attending international competition
2. 100% of nations currently developing their ParaVolley disciplines shall have opportunity to have anti-doping education
3. Athletes in RTP or are returning from a sanction receive more detailed education regarding whereabouts data entry as well as basic antidoping education (mandatory elements from Article 5.3 International Standard for Education - ISE)
4. All Athlete Support Personnel (ASP) working with National Teams shall complete an Anti-doping education program

## Current Situation & Resources

World ParaVolley has not developed its own on-line anti-doping Education Program. Instead, we have relied on collaboration with other organizations for the comprehensive education program delivery, e.g. WADA ADEL and FIVB Play Clean Programs, as well as programs delivered by the NADOs to member nations. Starting in 2019 athletes attending competitions for our Beach ParaVolley discipline have been required to provide confirmation of completion of anti-doping education as a requirement of participation. With the requirements of the 2021 Code and ISE, and following analysis of the survey sent to our national member organizations to evaluate what anti-doping education their national ParaVolley athletes were receiving, it was decided to approach our Athlete’s Commission about an education requirement for our sitting volleyball Athletes. The Commission supported our approach to having a requirement for anti-doping education and as of 2021; athletes are required to provide confirmation of completion of an anti-doping education course (or refresher education) every two years.

As World ParaVolley had access to a Sport Medicine Consultant who has experience in providing Anti-doping Education, we did complete an in-person Anti-doping seminar at a World Super Six competition in Korea in 2018.

-----  
<sup>1</sup> WADA 2021 Anti-Doping Code Article 18

World ParaVolley has also provided Anti-doping Education Outreach Booths at several competitions in 2019 to promote anti-doping awareness and information:

- PVAO Zonal Championships in collaboration with DCAT, who provided materials
- PVE Zonal Championships in collaboration with HUNADO, who provided a manned outreach booth
- World Super 6 Women's Championship in collaboration with JADA, who provided a manned outreach booth with Anti-doping activities and materials



*Athletes at booth at WS6 in Tokyo, 2019*

A survey was conducted of our national members in 2019 to determine what level of anti-doping education was being experienced nationally by our World ParaVolley membership. Athletes from nations with strong NADO testing and education programs, as well as athletes from nations competing frequently in international competitions, are receiving education. There are, however, many nations that have not had anti-doping education, in particular, nations that are developing their ParaVolley sport disciplines, and nations not attending international competition on a regular basis. These nations require the support of their National member Organization and NADO to receive athlete education earlier in the athlete development pathway.

Athlete team doctors and physiotherapists are currently required to provide proof of anti-doping education to receive accreditation to accompany teams to competitions.

The WADA ISE states that education should be structured and tailored to each stage of the athlete development pathway. ParaVolley athletes in some nations often have a compressed athlete anti-doping education pathway and a very quick transition to becoming International-level Athletes, due to acquiring an impairment and subsequently being recruited to a National team soon thereafter, potentially not having many opportunities to receive anti-doping education in the lower development levels of the pathway. Other nations have a more developed system with many athletes at different developmental anti-doping education stages. This has resulted in a varying level of knowledge about anti-doping amongst athletes competing internationally.

Many NADOS may be unaware that they have ParaVolley international athletes (surveys to NADOS will assess this situation more accurately).

It is assumed that most athletes will not have technological barriers to access online information (although this has not been investigated).

World ParaVolley has limited financial and human resources, so collaboration with other ADOs and using competition opportunities to educate athletes and support personnel are a priority. Also, using pre-existing (but up-to-date) materials (WADA & other NADOS), and using digital forms of information rather than printed materials can also allow World ParaVolley to provide information to its target groups while saving cost. The use of WADA's free education programs online will allow online access to all participants with access to internet.

## What do we know about Doping in our Sport?

Currently, the prevalence of doping in ParaVolley sport disciplines has not been studied. Testing to date suggests that most doping is inadvertent and that doping risk is **low**, however our risk assessment indicates that risk of inadvertent doping may be higher due to potential lack of anti-doping education for some ParaVolley athletes at the NADO level. Further testing based on risk assessment will provide more information for a future sport-specific education programming focus beyond basic anti-doping education.

For researchers or research institutions who are interested in pursuing sport-specific quantitative or qualitative study for World ParaVolley to address knowledge gaps in the area of Anti-doping, please go to our Research Page of the World ParaVolley website or contact the Head of the World ParaVolley Scientific Research Commission at [jolantaworldparavolley@gmail.com](mailto:jolantaworldparavolley@gmail.com)

## Considerations for Education Approach

Anti-doping Education is defined as “the process of learning to instill values and develop behaviours that foster and protect the spirit of sport, and to prevent intentional and unintentional doping”.

World ParaVolley will continue to utilize the established and updated online programs available through WADA ADEL, by NADOS of our National member organizations, and our sport partner, FIVB. Completion of these programs will be required of our athletes and athlete support personnel.

This will be supplemented by Event-based Outreach Booths in 2021 to further promote awareness and provide information, always respecting COVID-19 hygiene protocols as recommended by the World Health Organization and as required by the host country).

We will also need to complete our NADO survey to establish who are already receiving anti-doping education from another ADO, in order to fill the gap for nations that are not receiving anti-doping education.

Competition opportunities in 2021 for anti-doping education include:

- o Men’s Tokyo Final qualifier event June 2021
- o Tokyo Paralympic Games (under IPC, but preparation for teams)
- o PVE Zonal Championship October 2021
- o PVAO Zonal Championship November 2021
- o World Cup & ParaVolley Africa Zonal Championships December 2021
- o Beach ParaVolley competitions tbd

## Education Activities for 2021

- All ParaVolley International Athletes and ASP will be required to complete anti-doping education via an online or in-person format in 2021. If they are attending a World ParaVolley sanctioned competition, this must be completed prior to attending the competition
- All ParaVolley Athlete team health care personnel attending sanctioned competitions must complete an approved online anti-doping education before being granted accreditation to the event
- All ParaVolley participants at the Tokyo Paralympic Games will be strongly recommended to complete a Games-specific online education program e.g. WADA ADEL for Tokyo 2020 Paralympic Games
- The World ParaVolley Coaching L2 program will require completion of the WADA program “ADEL for High Performance Coaches” as a component of its L2 coaching content
- Outreach booth activities will be organized by World ParaVolley for the World Cup Event in December 2021 and local NADOS approached for anti-doping learning activity programming for the Zonal competitions
- An in-person session on the TUE Process is planned for the World Cup in December 2021
- Clinics held for developing nations will be encouraged to have an anti-doping education component
- The World ParaVolley website information and links will be updated. Member nations have been asked to add information about anti-doping onto their websites or link to the relevant National Anti-Doping Organisation (NADO) and WPV websites.

**Action Plan:****1. TARGET - INTERNATIONAL LEVEL ATHLETES**

<b>a. Activity</b>	<b>Complete on-line or in-person Anti-doping Education program</b>
Target Group	International-level athletes
Execution	<p>World ParaVolley International-level Athletes must complete an on-line or in-person Education Program that meets the ISE through one of the following:</p> <ul style="list-style-type: none"> <li>• A NADO –specific program</li> <li>• WADA ADEL for International Athletes Education Program</li> <li>• FIVB Play Clean online education</li> </ul> <p>Upon completion of an online program, the athlete will download the certificate, which must remain valid and retests must taken in accordance with the expiration date outlined on the certificate (or within two years if no expiration date on the certificate).</p>
Responsibility	Athletes & WPV National Member Organization (NMO)
Deadline	Ongoing – prior to participation in events
Verification	Athletes to provide valid certificate to their National Member Organization. NMO will verify that all rostered athletes have completed this when team rosters are submitted for events. Athletes must complete this activity & verification in order to participate in an event.

<b>b. Activity</b>	<b>Complete an on-line or in-person anti-doping session</b>
Target Group	WPV Developing Nations Athletes Attending clinics
Execution	Teams & Athlete support personnel attending ParaVolley Development clinics will complete an on-line or in-person anti-doping education session
Responsibility	Zonal Medical Directors or Anti-doping Officers & NMO representative to facilitate
Deadline	Completed prior to or at development clinic
Verification	Zonal Medical Director or anti-doping officer to inform WPV Anti-doping Commission Education Manager

<b>c. Activity</b>	<b>Event-based Outreach Booth at World Cup, Cairo in December 2021</b>
Target Group	International Athletes & ASP
Execution	WPV will liaise with Egyptian NADO to provide an Outreach booth with Anti-doping Activities Outreach booth to include pamphlets, leaflets, Play true quiz activity, promo items and media activity As part of the Education focus for this event, a specific face-to-face session on the TUE process will be organized
Responsibility	Anti-doping Commission WPV, Egyptian NADO, and Communications & Media Chair of WPV
Deadline	Organized & Activities tbd by October 2021 and confirmed with NADO
Verification/ Monitoring	Report of #s attending booth and Evaluations received from booth attendees and TUE session

## 2. INTERNATIONAL ATHLETES IN RTP OR RETURNING FROM ADRV SANCTION

<b>a. Activity</b>	<b>Specific anti-doping programming</b>
Target Group	RTP athletes and athletes returning from a sanction
Execution	All RTP athletes and athletes returning from a sanction must complete a refresher course to include the mandatory topics as outlined in Article 5.3 of the ISE Upon notification of the athlete that they are in the RTP, they will be directed to complete an online education program that meets the standard of the ISE 5.3
Responsibility	RTP Athletes & athletes returning from a sanction
Deadline	A) RTP – within one month of notification B) Athlete returning from sanction – 3 months prior to expiration date of period of ineligibility; or within a one month period of notification from NADO if the 3 month period has expired
Verification	Education certificate to be provided to WPV Anti-doping Education Manager

### 3. TARGET – ATHLETE SUPPORT PERSONNEL (ASP)

Activity	Complete Anti-Doping Education program
Target Group	Athlete Support Personnel (ASP)
Execution	<p>World ParaVolley athlete support personnel will complete online or in-person anti-doping education programme through one of the following:</p> <ul style="list-style-type: none"> <li>• NADO-specific programme</li> <li>• World Anti-Doping Agency ADEL for High Performance Coaches or ADEL for Medical Professionals (depending on role)</li> <li>• FIVB Play Clean online education</li> </ul> <p>If NADO training is used and their NADO has anti-doping training specific to coaches and support staff, these should be completed.</p> <p>Upon completion of an online program, the athlete support personnel will download the certificate, which must remain valid and retests must taken in accordance with the expiration date outlined on the certificate or as outlined in the WPV antidoping education policy.</p>
Responsibility	All Athlete Support Personnel & National Member Organization
Deadline	Ongoing and prior to participation in events
Verification	<p>-Athlete health care personnel to submit certification of completion of education to World ParaVolley as part of the accreditation for team health care personnel .</p> <p>-NMOs will verify that all other rostered ASP (i.e. coaches, managers) have completed this when rosters are submitted for events.</p>

### 4. TARGET – ALL WORLD PARAVOLLEY PARTICIPANTS

a. Activity	Revise and update Antidoping materials on website
Target Group	All participants in World ParaVolley
Execution	All materials on the World ParaVolley website will be reviewed, outdated information removed, and updated documents and links added
Responsibility	Education Manager for WPV Anti-doping Commission
Deadline	April 15, 2021
Verification	WPV Anti-doping Commission Education Manager to inform WPV Medical Director and WADA upon completion

<b>b. Activity</b>	<b>Preparation for Tokyo Paralympic Games (PLG)- completion of Games-specific Antidoping Education Program</b>
Target Group	All Tokyo 2020 participants, including athletes, ASPs, and officials
Execution	Once selected for the Games, All participants will be contacted and strongly recommended to complete the WADA ADEL for Tokyo 2020 Paralympics
Responsibility	All athletes and ASP attending the PLG
Deadline	August 15, 2021
Verification	This will be monitored on ADEL by the WPV Anti-doping Education Manager