

World ParaVolley

2019 Antidoping Activities report



Dr Jun Ming Zhang

3/3/2020

Chair, World ParaVolley Anti-Doping Commission



Table of Contents

Summary	3
Testing statistics	3
TDSSA	3
Anti-Doping Violations	3
TUE	3
Education	3
Staff development	4
Recommendations	4

Summary

We have used the experience gained from 2017 and 2018 to improve our testing program for 2019. This year we conducted intelligence based testing in 5 international events. We managed to introduce WADA compliant education activities in the November event in Japan's World Super 6 Women's tournament. In addition, a partnership with Hunado allowed an education booth to be set up at the ParaVolley Europe Championships.

Statistics

In total of 42 tests were conducted across the 4 international events in the sitting and beach disciplines. 11 of these were targeted tests, both in- and out-of-competition.

The test analysis comprised of the following combination

- 31 Basic urine (73%)
- 4 basic urine with GHRF (10%)
- 5 basic urine with ESA (12%)
- 2 blood GH screens (5%)

TDSSA

36% were out of competition tests (15/42),
64% were in competition tests (27/42)

This was just outside of our 2019 target 40:60 ratio.

TDSSA requirement for ESA and GHRF was 5%, we are happy to report that we have met this requirement set by WADA for ParaVolley.

Antidoping violations

No adverse analytical results were found amongst this 2019 cohort of tests.

TUE

Only 1 TUE request was received in 2019, this was rejected due to lack of collateral information to support request.

Education

We continue to evolve our education program despite limited budget and lack of human resources. We are fortunate that we have hard-working volunteers in our midst

namely Dr. Nadege Veintimilla (FIVB) and Ms. Isadora Toscano who offered their precious time in helping us develop our program.

In November, we were able to add social media into our event education program at the World Women's Super 6 event in Japan, this was also the test event for Tokyo 2020. We are very grateful to JADA for their involvement in implementing the educational package. Using this experience, we hope to deliver similar educational packages in future tournaments with an aim to engage athlete and entourage.

Staff development

We are fortunate to welcome Dr. Veintimilla into our commission. We are sorry to say goodbye to Dr. Kaitlyn Hughes. Mrs. Louise Ashcroft (Medical Director) and I (Chair of Anti-Doping Commission) wish her all the best in her future career in medicine.

We are grateful to the support and knowledge offered by Mr. Graham Arthur who is our legal counsel, voluntary basis.

Recommendations

WADA has marked sitting volleyball as a low-risk sport. Our test results support this inference.

In-competition tests are inexpensive and straightforward to set up but have low yield of getting adverse results. It is the opinion of the Chair that this current anti-doping program has reached its maximum effect and that it is now time to focus effort into education both in- and out-of-competition.

For 2020 and future events, the Commission plans to make sure some funds are earmarked for an educational booth per event. The evidence collected over the last few years show that there is little gain in pouring tournament budgets to pure testing. We would have greater longitudinal gains through putting more focus on providing good education and doing a few targeted testing in the out-of-competition setting. Whilst this is more costly than a single in-competition testing, it is easier to manage and shows more intelligence-based testing program.

Submitted by

Dr. Jun Ming Zhang
Chair, World ParaVolley Anti-Doping Commission